





FACOLTÀ DI SCIENZE DELL'EDUCAZIONE - UNIVERSITÀ PONTIFICIA SALESIANA

COACH DEVELOPMENT PROGRAM

UNIVERSITY SPECIALIZATION COURSE TO BECOME A CERTIFIED COACH, ICF ACCREDITED

The Coach Development Program is a specialization course to train professional coaches, giving particular relevance to the ethical aspects of the practice and raising professional standards. Using proven methodologies and theoretical references related to the concepts of emotional intelligence, intentional change, resonant leadership, compassion and systems theory, it develops through applied theory and intensive practice with teacher feedback.

IUSTO in collaboration with the Teleos Leadership Institute of Philadelphia (United States), offers a unique course of its kind in the world by releasing:

- ICF certification: international and Italian
- 22 University Credits (ECTS)

Partner



Teleos Leadership Institute, a consulting company that deals with leadership development, support to change processes in organizations, teaching and coaching training. It is made up of scholar-practitioners who, through research-based practices, base their work on proven models and methodologies and use the fundamentals of emotional and social intelligence, resonant leadership, systems thinking and experiential learning in their practice.

The Coach Development Program Advanced Course was designed to meet the needs of **developing skills in the field of coaching methodology that are spreading widely in organizational and social contexts. Coaching is now scientifically recognized as a powerful tool for increasing performance**, achieving results and optimizing personal effectiveness, allowing people to achieve their goals both professionally and personally. The coaching methodology leads people and groups towards the discovery of their own potential and resources, to promote effective changes in the professional and private sphere, to live personal and social relationships with kindness and compassion, to acquire greater well-being. It stimulates people to creative thinking, helping them to learn and grow in meaningful and sustainable ways. It is a facilitative process, supporting people and groups to independently generate the answers they need, to develop greater awareness, autonomy and effectiveness.





Specifically, the training activities will provide the following:

- Knowledge on the coaching methodology, the types of coaching, and how it is different from other helping professions
- Greater self-awareness in interactions and in one's own ways of relating in order to establish nondirect and resonant one-to-one relationships
- Theoretical and practical knowledge on the use of emotional intelligence, the intentional change model, and the coaching with compassion method
- Facilitative coaching method that allow to develop the unexpressed potential and activate the resources of the individual
- Skills necessary to carry out the coaching profession, specifically the key skills of the ICF
- Knowledge of ethics in coaching

Recipients

The course is aimed at those interested in acquiring coaching knowledge and tools, to be used for better management of relationships and performance in organizations, or to become professional coaches.

Prerequisite: three-year degree. The Technical Scientific Committee will evaluate the admission of candidates with a secondary school diploma, with documented professional experience in organizational contexts.

A maximum number of 18 participants will be admitted to the course.

Didactic organization

The overall duration of the course is 550 hours, of which 168 hours in attendance (22 ECTS).

The course includes 3 training modules for a total of 20 days of lessons. Each module will focus on specific topics and skills: module 1 will be dedicated to theoretical study, modules 2 and 3 will deepen the application dimensions.

The modules will be structured as follows:

- Module 1 Preparation for the coaching methodology (5 days, 40 hours)
- Module 2 Basic Accredited Coaching Training Program (ACTP) (7 days, 56 hours)
- Module 3 Advanced Accredited Coaching Training Program (ACTP) (8 days, 64 hours)

The teaching methodology is highly participatory and includes theoretical expositions, exercises, presentation and discussion of cases, simulations.

At the end of the course there will be a final exam consisting in the written analysis of a coaching case that the participants will have followed during the course, and two oral coaching sessions.

Official languages: English and Italian. <u>If the students are predominantly Italian, the course will be</u> delivered in Italian, the sessions scheduled in English will be translated by the trainers present.

Frequency

The overall duration of the course is 550 hours, of which 168 hours in attendance (22 ECTS). Attendance at face-to-face and remote lessons is mandatory and no less than 66% of attendance hours will be required to obtain qualifications or certificates.





To achieve the ACTP international certification, 100% attendance of modules 2 and 3 is required.

Course start: January 16, 2021, online.

Calendar: 18-23-25-30 January 2021, 1-6-8 February 2021, from 22 to 26 March 2021, from 14 to 19 June

2021, online.

Final evaluation: 1 day (8 hours), 20 June 2021, if it possible will be at IUSTO.

Scientific Committee and Teachers

Course director: Andrea Pintonello (IUSTO).

Scientific Technical Committee: Scientific Director, Maria Grazia Avataneo Fey (IUSTO); Alessio Rocchi

(IUSTO); Andrea Pintonello (IUSTO); Frances Johnston (Teleos Leadership Institute).

Teachers: Maria Grazia Avataneo Fey, Marco Bertola, Claudia Chiavarino, Elena Ernandez, Frances Johnston, Andrea Pintonello, Gretchen Schmelzer, Franco Tartaglia, Francesca Romana Vender.

PROFILES

Avataneo Fey Maria Grazia: psychologist, ICF-PCC certified professional coach, invited lecturer at IUSTO (courses: Psychology of Human Resources Management and Psychology of Orientation). He collaborates with national and international organizations in Europe, North America, South America, Asia as a consultant for a wide range of sectors, public and private, in the services of people development, coaching, training, potential assessment, leadership development, change management; he carried out temporary management activities in HR international.

Bertola Marco: ICF-PCC certified Professional Coach, facilitator and trainer, Lecturer at Teleos Leadership Institute. He has designed and conducted development and change initiatives in different parts of the world, in the public and private sectors. He currently works as a people development consultant and collaborates with various companies and universities in the field of coaching, change management and in the research and development of innovative approaches to the growth of people and change in organizations.

Chiavarino Claudia: Headmaster at the Salesian University Institute of Turin (IUSTO); Psychologist and psychotherapist, Ph.D. in psychology at the University of Birmingham (UK), Permanent Professor of Psychology and Psychometrics. Author of numerous international publications, she deals with social cognition and health psychology, with a view to promoting the well-being of the individual and the community.

Ernandez Elena: psychologist, PhD, coach with ACTP (ICF) credentials, certified trainer, invited lecturer at IUSTO (courses: Social and community psychology and techniques and tools for adult training), teaching assistant at the Degree Course in Nursing Sciences (ASL City of Turin). She works as a trainer and consultant in the field of people development, team building, interpersonal communication, individual and group coaching at national and international level.

Johnston Frances: Psychologist, PhD, ICF Certified Master Coach - MCC, Lecturer at Wharton Aresty Institute Executive Education and Brookings Institute of Executive Education in Washington, DC, Certified Supervisor-Coach Mentor. Co-founder of the Teleos Leadership Institute, she is a world-class consultant facilitator and





coach. He has designed leadership development and transformation, emotional intelligence, group dynamics improvement, and organizational renewal programs across a wide range of organizations and sectors across North America, Europe, Africa, the Caribbean and Asia.

Tartaglia Franco: occupational psychologist, trainer and psychotherapist, invited lecturer at IUSTO (courses: Methods and Techniques of Evaluation and Intervention in Organizations and Educational Psychology). He carries out consulting activities in the design of training courses, in the context of business management, supervision and coaching. Specialist in leadership development, team building and effective communication programs, he collaborates with national and international organizations in all sectors: private business, public administration, non-profit, education and health.

Vender Francesca Romana: graduated in law and in occupational psychology, ICF certified Master Coach MCC, Advisor of SCPItaly Society for Coaching Psychology, Individual Expert for the D.G. of the European Commission Education and Culture and Information Society, certified supervisor-coach mentor. He is a consultant for individual and group coaching activities, leadership programs, training, evaluation of potential and people development at national and international level.

Certificates and qualifications

The Faculty of Educational Sciences of the Salesian Pontifical University will issue the "University specialization diploma in Coach Development", after attending the course and passing the final learning test

The program also issues the Teleos Leadership Institute's ICF ACTP (Accredited Coach Training Program) international certification, to access the certification and accreditation process at the International Coach Federation (ICF).

Registration and registration fees

Online registration must be made by January 3, 2021 and must be followed by payment of the registration and attendance fee. This fee is not refundable for reasons attributable to the candidate (eg renunciation). At the same time as completing the online admission application, the candidate must send the following documentation in digital format (in a single e-mail, separate files and in the required formats) to segreteria@ius.to:

- copy of the bank transfer of € 1,000.00 for the admission fee when completing the online application (1 file in pdf format)
- passport-size photo (1 JPG format file)
- copy of the qualification required for access to the course (1 pdf file)
- copy of a valid identity card (front / back 1 pdf file)
- copy of the tax code (1 pdf file)
- updated curriculum vitae written in Italian or English (1 file in pdf format)
- copy of the residence permit (only for foreign students 1 file in pdf format)





The candidate will receive a course admission confirmation email from the Student Secretariat within 7 working days (and in any case by 13/01/2021) from receipt of the documentation and payment of the admission fee.

Following confirmation by the Student Secretariat, the candidate must send the following documentation to segreteria@ius.to, by 13 January 2021 (in a single email, separate files and in the required formats):

- registration form duly completed and signed (1 pdf file)
- copy of the payment of the second installment (1 file in pdf format)

Registrations will be received up to the coverage of the maximum number of participants. If the applications for admission should exceed the number of places available, the registration completion date will constitute a preferential criterion.

Registration fees

The overall fee for the course is divided as follows:

- € 1,000 to be paid to IUSTO together with the online registration
- € 1,300 to be paid to IUSTO at the time of enrollment confirmation by 13/01/2021
- \$ 3,500 to be paid to Teleos Leadership Institute at the start of the course (students will be notified with all the instructions for making the payment)

Registration fee

EARLY BOOKING (payment by 11/11/2020): € 5,220.00

FULL PRICE: € 5,800.00

Registration by 11/11/2020

- € 1,000.00 upon online registration by 11/11
- € 1,070.00 upon registration confirmation by 13/01
- € 3,150.00 to be paid to Teleos Leadership Institute at the start of the course

Registration from 12/11/2020 to 03/01/2021

- € 1,000.00 at the time of online registration by 12/11
- € 1,300.00 upon registration confirmation by 13/01
- € 3,500.00 to be paid to Teleos Leadership Institute at the start of the course

Terms of payment

The payment must be made to: SSF Rebaudengo / IUSTO INTESA SAN PAOLO Bank IBAN IT25 H030 6909 6061 0000 0061 699 Reason: "Coach Development SURNAME NAME"

Travel and accommodation are the responsibility of the individual student.





Information

Infopoint and course venue P.zza Conti di Rebaudengo, 22 - 10155 Turin

Tel .: +39 011 2340083 Email: info@ius.to

Teleos: 267.620.9999 - <u>askus@teleosleaders.com</u>

CLICK HERE TO REGISTER



